



# APAA News

ASSOCIATION FOR THE PROTECTION OF ANIMALS IN ALGARVE

**MAY 2017**

## Annual General Assembly

The APAA AGA was held on Sunday 2<sup>nd</sup> April at the Holiday Inn. Everyone seemed happy with how we have performed throughout the year.

Management Board and Fiscal Committee positions were voted upon and we are set to start another year.

If there are any people out there that feel that they could contribute to the Association, either as shop volunteers or on the management board, please do phone me, Jenny, and have a chat – 919 041 903.

Silves charity shop is most definitely in need of more volunteers – it can be temporary if you are not here full time.

## Pet Food Collections

The shoppers at Intermarché Lagoa/Carvoeiro on the weekend of 18/19 February were generous. They responded to our appeal and donated approximately 740 kg of pet food and €190 in cash. Most of the volunteers over the weekend were those in need of the food and so they were very persuasive!

Another collection was held at Pingo Doce, Alvor, on the weekend of 22/23 April. Folks there weren't quite so generous, but we still collected approximately 370 kg of food and €80 in cash.

Thanks must go, again, to Damien Morel, General Manager of Intermarché, to Sr Antonio, General Manager of Pingo Doce, and to the volunteers – Ana, Augusta, Carlos, Carmen, Isabel, Jackie, Jane, Jenny, Lis, Lois, Mena, Pat C-S, Pat E, Pia, Sandra, Sheila, Shirah, Sonia, Sue, Vickée, Yvonne and Zélia,

## Workshop Press Release



In order to raise much needed funds, the Association for the Protection of Animals on Algarve (APAA) tried something completely different and recently held a Healthy Living Workshop in conjunction with three health professionals - Bo de la Haye, a visiting Movement Coach/Personal Trainer from Holland, Joel Fernandes, an independent Physiotherapist/Personal Trainer and Marco



Pereira, Nutritionist with Portimonense Football Club. The aim of the workshop was to raise awareness of the importance of nutrition and human body movement.



The three professionals gave interesting and fun presentations and afterwards participants enjoyed a healthy and nutritious lunch prepared by APAA volunteers. Feedback from the thirty participants was all very positive and included comments such as "It was a pleasant mix of information combined with fun, plus an excellent lunch", "Fantastic value for money. Good interaction with coaches and excellent food", "I would certainly attend the next one if arranged", "Very interesting and excellent food", "I thought the programme was interesting and the speakers very good. Loved the exercises. Top marks for the food, it was all excellent and a great selection of different tastes", "The three presentations were well executed and were very interesting and informative. The food for lunch was really good and as a vegetarian I was especially pleased with the variety of choice".

The event raised €570 and as it was so well received, APAA hope to arrange another later in the year. For further information about APAA and future events, please contact [info.apaaportugal@gmail.com](mailto:info.apaaportugal@gmail.com) or call 919 041 903.

### **Tapas Evening**

Saturday 11th March, we had a 'Tapas Evening' at the Lagoa Hotel. As it was a small number of people it was in the Hotel Bar. The tables were set beautifully and everyone arrived on time and the evening began.

Unfortunately the food was very disappointing - no imagination and everything cold. I did make a complaint to the Hotel and was told that the Chef wasn't comfortable with that type of menu - sorry they should not have taken the booking!

We like to try new things, not always good!

### **Bingo and Supper at Deanna's**

Saturday 21st January - on a cold evening, 24 people turned out for a bingo evening with supper at the house of Deanna and Michael Mitchell. Deanna has been a volunteer in our Silves shop for many years and enjoys a bit of fundraising.

We had a few novices on the Gala-Lala bingo scene, but once we laid a few ground rules we were whizzing through the bingo cards and handing out many prizes.

All prizes for the bingo and the raffle were donated, so many thanks to those who gave.

We had some very nice comments about the food - totally made and served by board members and Deanna herself - thank you those who helped.

The evening raised 385€ - so a very good start to 2017.

### **Ollie, the best Wimbledon ball boy!**



Do you have a clever pet? If you do, we would love to share a photo with our members in our Newsletter.

### **O Caseiro**

Another great evening was had by all at O Caseiro at the end of March. Special thanks must go to Pete of Nightshift who played and sang for us, despite only leaving his sick bed that afternoon. Once again, O Caseiro provided good food and as soon as the band started to play, the dance floor was packed and stayed that way. We raised just over €650.

The event proves to be as popular as ever and unfortunately, we have to turn people away each time, so we have persuaded both O Caseiro and Nightshift to let us hold another event on Friday 7 July. If you want to be sure of a place, you must BOOK EARLY!!!

### Lunches at Jackie's

Jenny and Jackie are continuing to host small lunches at Jackie's house. In February they provided a Chinese style lunch for 12 which was enjoyed by all present. There were Belgian, Dutch, English and German guests and due to their generosity, the event raised €180.

Another good lunch for 11 was provided in March. This time it had an American theme and Jackie was very worried when a friend asked if she could bring a neighbour, an American! But no need to have worried – he devoured everything and professed that it was all wonderful. Once again, a nice mix of people and interesting conversations. The lunch raised just under €150.

A third lunch for 11 was held in April. This one had a French theme – Smoked Salmon Mousse, Chicken in Brandy, Apple and Cream Sauce and Profiteroles - and Jenny was responsible for most of the food this time, which was just as well as Jackie wasn't too well that day! A mix of first-time and regular guests provided good conversation and €115 towards APAA funds.

There will be more of these lunches throughout the year, but because the numbers are limited to just ten guests, we do not propose to send out a general mailing each time. However, if you would like to be invited to one of these, please email [jackie.apaaportugal@gmail.com](mailto:jackie.apaaportugal@gmail.com) and ask to be included on the mailing list.

### Dates for Your Diary

- 23 May - Coffee & Cakes at Barbara's
- 2 June - Fashion Show in Silves
- 9 June - Scandinavian Lunch at Birgit's
- 24 June - Magic show at O Caseiro

- 7 July - Nightshift at O Caseiro
- 23 July - large dinner at Jackie's house

### Applications for help

Our fundraising is doing well, which is very fortunate because the level of requests we receive each month seems to be rising. In the first three months of 2017 we received 165 requests for help, totalling approximately €13,100 **after** donations from the owners towards the costs were taken into account.

Many of the requests are from people who just cannot pay the full costs themselves for urgent treatments or operations – it's amazing how many cats and dogs seem to break a leg! In most cases, we can only offer to pay approximately one-third of the cost as if we were to offer to pay more, the budget for the year would be spent in the first six months. The cost of a mending broken leg is usually between €350 and €650 for example.

There are a number of other animal associations on the Algarve, but most only help with the cost of sterilisation and neutering and so everyone comes to APAA. We are too well known for our good it would appear!

You receive this Newsletter because you have supported APAA in the past and we thank you for this. However, if you would like to help more, please either:

- become a member – just €15 single or €25 joint per annum
- come to an APAA event
- make a donation, either through one of our shops or at one of our functions
- donate good quality items that can be sold in one of our shops
- buy goods from our shops

The more money APAA receives, the more animals we can help.

Thanking you in advance.